



Sweden Combined Events Challenge

Saturday-Sunday 10-11 June 2023

Part of the World Athletics Combined Events Tour.

The competition is organised by the Swedish Athletics Federation's Combined Events Performance Center and the local club IK Ymer at Ryavallen in Borås. The meeting is a C-level world ranking event.

This document includes important information about the competition – please read it carefully!

Hotel:

Scandic Plaza Borås, Allégatan 3, 503 32 Borås

Welcome Desk: 16:00-17:00, 19:30-20:30

Here you also can get one WATO-drink, it will also be available for SCEC participants on the stadium on the competition days.

Meals at Scandic Plaza Borås:

Dinner: Monday – Wednesday 19:00, Thursday-Friday 18:30-20:30, Saturday 19:00-21:00

Meal at The Company

Sunday dinner, drop in from 20:00, dinner served from 20:45

Transportation before and after the competition:

Airport to hotel; 5 June 11:45, 8 June 09:45, 14:15, 18:00 9 June 12:10

Hotel – Stadium; before competition, contact Sofia Jäger Stenberg. On Friday one bus available 17:00

Stadium-Hotel; before competition contact Sofia Jäger Stenberg. On Friday one bus available 18:00

Transport, competition day, see below under competition.

Transport from Hotel to Airport; 12 June 04:30, 09:30 (minibus), 12 June 10:00 (big bus)

Technical meeting: For the Nordic championship, other coaches/participants are welcome as well
Time Friday 9 June at 18:30-19:30, at the hotel.

Internet: free internet at hotel

Check out: no later than 12:00 (noon)

Ryavallen (outdoor track) /Ryahallen (indoor track)

Erikslundsplatsen 1, 506 31 Borås

Ryavallen and IK Ymer was the host and organiser of European U20 Championships 2019. They have also been the host and organiser of the Swedish Championships 2021.

Training: Monday-Thursday at 16:00-19:00, for other times contact Sofia Jäger Stenberg.

Buss from hotel to stadium Friday 17:00 and back to hotel 18:00

Distance from Hotel to stadium

The stadium is 1,6 km from the hotel with good walking roads.

Walking 15-20 minutes from hotel.

Biking 7 minutes from hotel.

Car 5 minutes from hotel, free parking behind Ryahallen

Competition

Start lists: [Sweden Combined Events](#), and for the [Nordic Championship](#)

Bibs: You pick up your bib at the welcome desk on Friday. Only one on the front torso (in pole vault you can have the bib on the back).

Transport Schedule

To stadium, Saturday	From stadium, Saturday	To stadium, Sunday	From stadium, Sunday
10:45	16:00, 16:30	10:00	18:30
11:15	18:30	10:45	19:00
11:45	19:20	11:45	19:35
12:40	19:50	13:45	20:05

Ryavallen: Erikslundsplatsen 1, 506 31 Borås

Entrances: 15 EUR/day or 20 EUR for two days.

Kids with IK Ymer Athletics club cloths on get free entrance.

Kids that's going to participate in IK Ymer summer camp also get free entrance.

Meals at the stadium: Lunch at competition days 11:30-15:00, Saturday and Sunday at the pub, see map.

Coaches: Need accreditation and need to contact Sofia Jäger Stenberg to get it. They can be at the warmup area/indoor track and around the stadium but not on the competition track/field. One exception is for coaches who coaching athletes competing in the inner pole vault field. They can stand in a coaching zone on the gras.

Changing rooms: Are available at the athletic indoor hall.

Toilets: Under the audience stand and, in the athletics indoor track.

Warm-up: Can be done indoors at the indoor track or outside the stadium.

Implement check: If you have your own throwing equipment, you need to take them to the implement check for control at least one hour before your competition starts on Saturday (these means both shot, javelin and discus). We don't take any equipment for control on Sunday. The equipment takes back to the implement check room after the competition. To get your equipment back, you go to the implement check when the combined events is finished.

Call-room and entrance to the arena

Calling time: Only the first event each day.

20 minutes before running

30 minutes before long jump.

Entrance to the arena:

15 minutes before start of running event

25 minutes before start of long jump.

Progression vertical jumps

- High jump Women 1.61 (+/-3)
- High jump Men 1.80 (+/- 3)
- Pole vault men 4.23 (+/- 10)

Throwing events

You are going to get two warmups throws in the throwing events.

For safety reasons if there are any left throwers in discus, we are going to use the wing for both left and right throwers. If there aren't any left throwers the wings are going to be opened.

Shoes: Remember the shoe rule that's applying on all events in the combined events. It's your responsibility as an athlete to follow [these rules](#).

Massage: Will be available at the competition Saturday and Sunday between 13:30-20:00

Doping control: It will be some doping controls on the competition. Remember to take your ID with you to the stadium.

Results: You can follow the competition and find the results [here](#).

Streaming (Pay-per-view): We are sending the competition through friidrottskanalen.se

Prize money: 1st 1000 EUR, 2nd 600 EUR, 3rd 400 EUR, 4th 300 EUR, 5th 200 EUR

Payment: We need to have your name, birthdate, home address, email address, bank account, Iban number and BIC code or your agent/federations information to pay out the prize money.

Kiosk: It's going to be a kiosk open at the stadium for audience and competitors if you want something more to eat than you get at the "pub area".

Have a pleasant stay in Borås and Good Luck in the Competition!

